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Academic advising at UCSD is shared by two sets of advisors:

**College and Major**

Your **College Advisor** will provide you with general academic support, assist you with questions that you may have regarding college general education requirements, university requirements, IGETC and TAG, writing courses, graduation, and policy questions.

Your **Major Advisor** assists with major requirements, petitioning courses to fulfill major requirements, field experience information, and applications for special studies courses (198/199). You will work with both advisors to plan your UCSD academic journey.

For any questions related to your Global Health Major it is best to contact the Global Health Advising Office through the **Virtual Advising Center** (VAC).

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**GLOBAL HEALTH ACADEMIC ADVISING**

Stop in during **Walk-in Advising Hours**

Check website for updates

OR

**By Appointment**

Email ghpadvising@ucsd.edu

*Please include the following in your email:*

Name, PID, Brief Description & 3 appointment times that work for you

Location: **Social Science Building (Near rimac in Eleanor Roosevelt college)**

2nd Floor, Anthropology Administrative Building

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Common Advising Questions may relate to major requirements, double majoring, course planning, independent research (GLBH 199), field experience, study abroad, etc.
STAY CONNECTED!

TIP: READ ALL EMAILS SENT FROM THE GLOBAL HEALTH PROGRAM.

Messages will include important information about potential research and field experience opportunities, events and changes to academic policies.

In addition, follow us on social media! We encourage you to utilize the Global Health social media as it will help to connect you with like-minded students and keep you up to date on current Global Health news and events.

GLOSSARY OF COMMONLY USED ACADEMIC TERMS

**VAC:** The virtual advising center is used to submit brief questions to your college advisor and/or your major advisor.

**Petition:** A petition is a form used to request an exception to policy or requirements. Petitions for general-education requirements go to the college. Petitions for major or minor requirements go to the major or minor department.

**GE (General Education):** Requirements vary by college. Students may review GE requirements on each individual college website.

**DA (Degree Audit):** Your Degree Audit is a tool in TritonLink that lists degree requirements and measures your progress toward completing them.
WHAT IS GLOBAL HEALTH?

“Global Health is an area of study, research, and practice that places a priority on improving health and achieving equity in health for all people worldwide.

Global health emphasizes transnational health issues, determinants, and solutions; involves many disciplines within and beyond the health sciences and promotes interdisciplinary collaboration; and is a synthesis of population-based prevention with individual-level clinical care.”

- Lancet 2009; 373: 1993-95

What Will I Learn Studying Global Health?

You will gain an in-depth understanding of factors related to illnesses, health, and healing from a comparative and interdisciplinary perspective that transcends national borders and regional interests and takes cultural difference and diversity fully into account.

- Health care
- Health education
- Environmental effects on health
- Infectious diseases
- Reproductive health
- Mental health
- Health inequities
- Medical sequelae of natural disaster of political violence
MAJOR REQUIREMENTS

68 UNITS/ 17 COURSES

All courses must be taken for a letter grade of C– or better.

Lower Division 3 courses

One of the following:
HILD 30. History of Public Health OR
GLBH 20. Introduction to Global Health

One of the following:
SOCI 30. Science, Technology & Society
SOCI 40. Sociology of Healthcare Issues
SOCI 70. Sociology for Pre-Meds
PHIL 26. Science, society & Values
GLBH 20. Introduction to Global Health

One Statistics Course

Upper Division 6 courses

GLBH 148. Global Health & Cultural Diversity
GLBH 181. Essentials of Global Health
MGT 173. Project Management: Health Services
One Policy Analysis Course
Two Senior Capstone courses
GLBH 150A. Capstone Seminar I (winter)
GLBH 150B. Capstone seminar II (spring)

Electives 8 Courses

3 Biological Science Electives
3 Medical Social Science Electives
1 Medical Humanities Elective
1 Global Processes Elective

Field Experience Requirement

100 Hours
Domestic or International

To view policy analysis and Elective course options visit the Global Health Major page.

Please note:
*Majors are encouraged to complete the Global Health lower and upper division core courses early in their program as these courses will provide a foundation to enhance subsequent course work.

- Please complete GLBH 181 and GLBH 148 prior to enrolling in the senior capstone during senior year. If necessary, MGT 173 can be taken in your senior year.

* GLBH 150A and 150B must be taken during the Winter and Spring Quarters of your senior year.

*Lower division courses may overlap with double major, minor and college requirements.

*Two upper division courses may overlap between majors and minors.
CORE COURSE DESCRIPTIONS

Lower Division Core Courses

Choose One:

HILD 30. History of Public Health: Explores the history of public health, from the plague hospitals of Renaissance Italy to the current and future prospects for global health initiatives, emphasizing the complex biological, cultural, and social dimensions of health, sickness, and medicine across time and space.

GLBH 20. Introduction to Global Health: Provides a foundational interdisciplinary understanding of complex global health issues and introduces major concepts and principles in global health. The course surveys the range of problems contributing to the global burden of disease and disability including infectious disease, mental illness, refugee and immigrant health, natural disasters, climate change, and food insecurity.

Choose One:

SOCI 30. Science, Technology, and Society: A series of case studies of the relations between society and modern science, technology, and medicine. Global warming, reproductive medicine, AIDS, and other topical cases prompt students to view science-society interactions as problematic and complex.

SOCI 40. Sociology of Health-Care Issues: Designed as a broad introduction to medicine as a social institution and its relationship to other institutions as well as its relation to society. It will make use of both micro and macro sociological work in this area and introduce students to sociological perspectives of contemporary health-care issues.

SOCI 70. General Sociology for Premedical Students: This introductory course is specifically designed for premedical students and will provide them with a broad introduction to sociological concepts and research, particularly as applied to medicine.

PHIL 26. Science, Society, and Values: An exploration of the interaction between scientific theory and practice on the one hand, and society and values on the other. Topics can include the relationship between science and religion, global climate change, DNA, medicine, and ethics.

GLBH 20. Introduction to Global Health: Provides a foundational interdisciplinary understanding of complex global health issues and introduces major concepts and principles in global health. The course surveys the range of problems contributing to the global burden of disease and disability including infectious disease, mental illness, refugee and immigrant health, natural disasters, climate change, and food insecurity (if not used for introduction course).

Upper Division Core Courses

GLBH 148. Cultural Diversity and Global Health: Introduction to global health from the perspective of medical anthropology on disease and illness, cultural conceptions of health, doctor-patient interaction, illness experience, medical science and technology, mental health, infectious disease, and health-care inequalities by ethnicity, gender, and socioeconomic status.

GLBH 181. Essentials of Global Health: Topics of focus: infectious diseases, maternal child health, substance use and gender-based violence. By the end of this course students should have an understanding of the global burden of major diseases and population health concerns, how to intervene upon the determinants of disease and other health concerns, and how to develop and implement monitoring and outcome evaluations for use in low resource settings.

MGT 173. Project Management: Health Services
This course covers efficient techniques for managing health services projects including both the technical aspects of project management as well as the human capital management issues associated with blending administrative and technical staff with healthcare professionals.
During senior year, graduating students will participate in a two-quarter seminar open only to Global Health majors. This seminar will provide an opportunity to expand, deepen, and share the insights of your Global Health Field Experience with members of your cohort.

GLBH 150A will consist of intensive reading and discussion in fields related to each student’s primary interest and building on field experiences.

GLBH 150B will be a workshop with critical input from all participants focused on preparing a senior thesis that will provide an important credential for students in the next stage of their careers and as they prepare applications for graduate, academic, or professional training.

*Note: Students are not required to write their paper about their field experience, however it often provides a good starting point.

Senior Theses will be presented at the Horizons of Global Health Conference. Horizons is a capstone conference in the spring quarter and features a guest speaker with a distinguished reputation in global health along with presentations of theses by graduating participants.
GLOBAL HEALTH FIELD EXPERIENCE REQUIREMENT

All Global Health Majors will participate in a domestic or international field experience as part of their degree requirements. The Field Experience is designed to provide students with an opportunity to become knowledgeable about aspects of global health and see global health issues in practice.

FIELD EXPERIENCE REQUIREMENTS

- **Field Experience:**
  - 100 hours, 5 week minimum at a research, service or clinical site (or 3 weeks for international).
  - Can combine up to 3 different experiences.
  - May be credit or non-credit bearing.
  - Placement must be pre-approved.
  - Students must complete all health and safety training prior to beginning at their site.
  - Students must submit verification of hours upon completion.

POSSIBLE FIELD EXPERIENCE OPPORTUNITIES INCLUDE: Internships, research, volunteer opportunities, and/or study abroad programs with a field experience component

LOOKING FOR FIELD EXPERIENCE OPPORTUNITIES?

- Attend the Study Abroad Expo in Fall
- Attend the Global Health Field Experience Expo in Spring
- Read the Global Health Program Monthly Newsletters
- Follow both Global Health Facebook Pages
- Visit the Global Health Blog to read about Past student experiences

For more information on this requirement visit the Field Experience page and review the Global Health Field Experience Guide.
1. **Review options** on the GHP website.

2. Review **Safety & Health** Page.

3. Don’t see anything that fits your needs? Find an internship or volunteer opportunity and complete the **Field Experience Pre-Approval Form**.

4. If you find something already listed on the pre-approved list you can get started. Contact the organization to see if they have any current opportunities (include your resume in the email, remember to be professional) and explain your goals.

5. Keep a **log of your hours**.

5. Upon completion of your hours, submit the signed log or a letter/email to **ghpadvising@ucsd.edu**.
**PLAN YOUR COURSES**

Use the samples below as a guide when planning out your courses. Prior to the academic year a document with the Annual tentative course offerings will be sent out. Additionally, Each quarter you will receive a list of the quarterly course offerings. Use these as a guide to selecting classes.

**Sample 4-year Plan for Global Health Majors**

<table>
<thead>
<tr>
<th>1ST YEAR</th>
<th>2ND YEAR</th>
<th>3RD YEAR</th>
<th>4TH YEAR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td><em>Field Experience must be completed by the end of Fall of your senior year.</em></td>
</tr>
<tr>
<td><strong>1ST YEAR</strong></td>
<td><strong>2ND YEAR</strong></td>
<td><strong>3RD YEAR</strong></td>
<td><strong>4TH YEAR</strong></td>
</tr>
<tr>
<td></td>
<td><strong>LD Core Requirement</strong></td>
<td><strong>Elective</strong></td>
<td><strong>Elective</strong></td>
</tr>
<tr>
<td></td>
<td>Total units: 4</td>
<td>Total Units: 12</td>
<td>Total Units: 8</td>
</tr>
<tr>
<td><strong>2ND YEAR</strong></td>
<td><strong>LD Core Requirement</strong></td>
<td><strong>Elective</strong></td>
<td><strong>GLBH 150A. Senior Capstone I</strong></td>
</tr>
<tr>
<td></td>
<td>Total Units: 4</td>
<td>Total Units: 12</td>
<td>GLBH 150A. Senior Capstone I Elective</td>
</tr>
<tr>
<td><strong>3RD YEAR</strong></td>
<td><strong>Elective</strong></td>
<td><strong>GLBH 150A. Senior Capstone I</strong></td>
<td><strong>GLBH 150B. Senior Capstone II</strong></td>
</tr>
<tr>
<td></td>
<td>Total Units: 8</td>
<td>Total Units: 8</td>
<td>Total Units: 8</td>
</tr>
</tbody>
</table>

**Sample 2-year Plan for Global Health Majors**

<table>
<thead>
<tr>
<th><strong>YEAR 1</strong></th>
<th><strong>YEAR 2</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2017-18</td>
<td>2018-19</td>
</tr>
<tr>
<td><strong>LD Core Courses:</strong></td>
<td><strong>LD Core Courses:</strong></td>
</tr>
<tr>
<td>Statistics (MATH 11/L, PSYC 60 or POLI 30) &amp; HILD 30 or GLBH 20 &amp; LD Sociology Requirement</td>
<td>GLBH 181, GLBH 148, MGT 173, Policy Analysis Course, GLBH 150A, GLBH 150B</td>
</tr>
<tr>
<td><strong>LD Core Requirement</strong></td>
<td><strong>GLBH 150A. Senior Capstone I</strong></td>
</tr>
<tr>
<td><strong>UD Core Requirement</strong></td>
<td><strong>GLBH 150B. Senior Capstone II</strong></td>
</tr>
<tr>
<td><strong>Elective</strong></td>
<td><strong>Elective</strong></td>
</tr>
<tr>
<td><strong>Total Units: 12</strong></td>
<td><strong>Total Units: 12</strong></td>
</tr>
<tr>
<td><strong>Total Units: 12</strong></td>
<td><strong>Total Units: 8</strong></td>
</tr>
</tbody>
</table>
YOUR DEGREE AUDIT IS A TOOL IN TRITONLINK THAT LISTS DEGREE REQUIREMENTS AND MEASURES YOUR PROGRESS TOWARD COMPLETING THEM.

YOUR DEGREE AUDIT is a tool in TritonLink that lists degree requirements and measures your progress toward completing them.

Your college academic advisor can assist you in interpreting the college and university areas of your degree audit. Your major advisor can assist you in interpreting the major-related portion of your degree audit.

When looking at your degree audit, note that requirements in blue indicate that you have completed all courses under the requirement and requirements in red mean that you still have courses to complete under the requirement. WIP (“work in progress”) means that you are currently enrolled in the course and it is not yet complete.

The left column details department requirements for your major. The middle column is for your college and minor requirements.

When planning your courses:
- Review remaining requirements on your Degree Audit.
- Visit the Courses Page to see upcoming course offerings.
- Review two and four year sample plan.
- Use the Degree Check to map out courses.
- Email or meet with an advisor for any questions.

See something wrong on your degree audit? Send a message in the VAC to your major department (if it is affecting your major), your minor department (if it is affecting your minor) or your college if it regards college, GE or DEI courses.
CAREERS IN GLOBAL HEALTH

The Global Health Program’s unique research, writing, and field experience opportunities make the Global Health degree an excellent preparation for advanced training in health professions including and beyond:

- Research and Policy
- Medical Officer
- Health Advisor
- Health Educator
- Medical Researcher
- Program Management
- Program Development
- Human Resources

- Physician Epidemiologist Clinicians Pharmacy Dentistry Nurse Physicians Assistant

Community Orgs.
Public Policy Government Agencies Non-Profit Work Law Disaster Relief Orgs.

For more information on career planning visit:
- Global Health Career Page
- UCSD’s Career Services

“When I applied to medical school, I was asked about my experience abroad and my research project at almost every interview. I believe they set me apart from other applicants because I had an understanding of a culture and language that is very much alive in California. -GHP Alumni”
TIPS:
1. Get Involved on Campus!
2. Pick a valuable Field Experience that can give you insight into your field of interest.
3. Check out the [Global Health Program Careers Page](#).
4. Visit [Healthbeat.ucsd.edu](http://Healthbeat.ucsd.edu) and meet with a Pre-Med Advisor early on.
5. Join the [Health Beat Mailing list](#) to stay in the loop with all pre-health opportunities on campus.
6. Attend workshops, career panels and events on campus to enrich your experience and knowledge.

Most medical schools have similar pre-requisites, including the following:

- One year of general biology with lab (BILD 1, 2, 3 or upper-division Bio courses + 4 unit Bio lab)
- One year of general chemistry with lab (Chem 6A, B, C and 7L)
- One year of organic chemistry with lab (Chem 40A, B, C and 43A)
- One year of physics, including labs (Physics 1A, 1AL, 1B, 1BL, 1C, 1CL or 2A, 2B, 2BL, 2C, 2CL)
- One-two quarters of calculus (usually Math 10 or 20 series)
- One course in statistics (Math 11, Psych 60, BIEB 100, etc.)
- One course in biochemistry (BIBC 100 or 102 or Chem 114 A or B)
- One year of English composition or writing
- One course in psychology and sociology (Psych 1 and Soc 70)- helpful for

Check out our

[Sample Four Year Pre-Med Plan for Global Health Students](#)

On the Global Health Program website
GET INVOLVED IN GLOBAL HEALTH

Join UCSD Students for Global Health

A student organization for students passionate about Global Health issues and interested in contributing to the Global Health community on the UCSD Campus. Their mission is to bring together students interested in global health-related issues, education and careers by fostering communication and ongoing partnerships between UCSD student organizations and the larger community. All majors are welcome to be a part of this student organization. Visit globalhealthucsd.com for more information.

The Global Health Undergraduate Student Advisory Committee

A group of Global Health students who are charged to advise the Global Health Program on issues related to undergraduate education, including but not limited to courses, curriculum, instruction, student involvement opportunities, research opportunities and student programs.

Applications to become a GHP rep are sent out during Spring Quarter!

2018-19 EVENTS TO ATTEND

Professional and Graduate School Fair - October
UCSD Study Abroad Expo - October
Law School Fair - November
Health Professional School Fair - April
Horizons of Global Health Research Symposium—May

Visits event page for dates.
GLOBAL HEALTH EVENTS ON CAMPUS

QUARTERLY

QUARTERLY CONVERSATIONS in Global Health
The Global Health Program and UCSD Students for Global Health brings you this quarterly event where members of the Global Health community come together to discuss, debate, and discover current research on a timely Global Health Topic. A panel of experts present findings on the selected topic and then proceeds to facilitate a Question & Answer session with UCSD students. Past topics include: Stigma Related to HIV/AIDS, Gun Violence as a Global Public Health Crisis and Refugee Health.

SPRING

HORIZONS OF GLOBAL HEALTH RESEARCH SYMPOSIUM
Faculty and students from across campus are invited to participate and contribute to building the UCSD global health community. The conference celebrates the end of the academic year and the success of our graduates. This is the Global Health Program’s annual student research conference that features keynote speakers from leading researchers in Global Health as well as undergraduate thesis presentations and poster session highlighting the results of student research projects and Global Health field experiences.

GLOBAL HEALTH FIELD EXPERIENCE EXPO (NOT OFFERED IN 2018-19)
Students meet with global health special programs, student organizations, study abroad reps, campus partners and more to explore global health domestic and international field experience opportunities as well as other opportunities to get involved.

ADDITIONAL OPPORTUNITIES

SUBMIT POSTER ABSTRACT FOR HORIZONS RESEARCH SYMPOSIUM
CALL FOR ABSTRACTS SENT OUT IN SPRING QUARTER
SUBMISSION PROCESS & CRITERIA: SEEKING A BROAD RANGE OF TOPICS TO FEATURE THE RICH DIVERSITY OF GLOBAL HEALTH WORK BEING DONE IN GLOBAL HEALTH ACROSS DIFFERENT DISCIPLINES. * MAY PARTICIPATE IN MORE THAN 1 SYMPOSIUM.

APPLY TO ATTEND CLINTON GLOBAL INITIATIVE UNIVERSITY (CGIU) — APPLY IN DECEMBER
CLINTON GLOBAL INITIATIVE UNIVERSITY (CGIU) IS A GATHERING OF NEARLY 1,200 STUDENTS, YOUTH ORGANIZATIONS, AND TOPIC EXPERTS THAT COME TOGETHER TO DISCUSS AND DEVELOP INNOVATIVE SOLUTIONS TO PRESSING GLOBAL CHALLENGES. STUDENTS MAKE A "COMMITMENT TO ACTION," A CONCRETE PLAN THAT ADDRESSES A PRESSING CHALLENGE IN ONE OF CGI U’S FIVE FOCUS AREAS.

BIG IDEAS @ BERKELEY
BIG IDEAS IS AN ANNUAL INNOVATION CONTEST THAT PROVIDES FUNDING, FUNDING, SUPPORT, AND ENCOURAGEMENT TO INTERDISCIPLINARY TEAMS OF UC UNDERGRADUATE AND GRADUATE STUDENTS WHO HAVE "BIG IDEAS."
DEPARTMENT POLICIES AND PROCEDURES

Submitting Course Petitions

Reasons to Submit a Petition

- Pre-Approval to take a course not currently accepted for the major.
- Petition a transfer or Study Abroad course to apply for requirements.
- Apply a course accepted by petition
- After completing 198/199 Special Studies/Independent Research course(s)

Methods to Submit Petitions

- Online Petition Request
- Paper Petition Request
- Message in the VAC

Obtaining Course Pre-Approval

Submit a pre-approval petition to obtain permission to take a course not listed on the approved course list.

Note: Pre-approval does not guarantee approval, but the advisors are able to provide you with guidance on course content and the likelihood that the course will be accepted.
You will be notified via the Virtual Advising Center once your request has been reviewed (please allow 2 weeks before contacting advisor).

Upon Completion of the Course

Submit ONE of the following petitions (Wait until the course has posted to your academic history):
A. Submit an Online Petition Request
B. Submit an Undergraduate Student Petition (paper form)
C. For Courses accepted by petition (*):

Courses that are accepted “by petition”, indicated with an asterisk (*) will not automatically show up on your degree audit. Send a message through the VAC requesting the following:

“Please accept ____________, a Global Health Pre-Approved Course, towards ________________ requirements for my Global Health ____________ (Major/Minor).”

Additional Information Regarding Petitions:

AP & Transfer Coursework:

All community college and AP coursework comes over as lower division and can only be applied towards lower division requirements for the Global Health Major. Coursework should appear on your academic record like this (UCSD approximation):

<table>
<thead>
<tr>
<th>BIOL</th>
<th>220</th>
<th>Human Physiology</th>
<th>6.00</th>
<th>A</th>
<th>SP16</th>
<th>LD</th>
<th>BILD 26</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL</td>
<td>102</td>
<td>Ecology &amp; Environ Biology</td>
<td>6.00</td>
<td>A</td>
<td>SP16</td>
<td>LD</td>
<td>BILD 18</td>
</tr>
</tbody>
</table>
OSD Accommodations

The global health department will be working directly with students with disabilities for all accommodations. Osd determines eligibility for modifications, academic adjustments, and other accommodations due to disabilities. It is your responsibility, as the student who has been diagnosed as having a current disability that results in limitations, to register promptly each quarter with osd. In order to ensure all osd accommodations are met, you must follow the procedures of both osd and the global health department.

Academic Integrity

The Academic Senate has publicized official regulations for UCSD regarding cheating, plagiarism, and similar slimy practices. As a member of an academic community, all faculty and students have the responsibility to uphold the academic standards of the University, and academic dishonesty is not tolerated. You are encouraged to review this information carefully. There are many ways to cheat or plagiarize; all of them are unacceptable. Presenting academic work to an instructor as your own, when it was really done by someone else (be it William Shakespeare or the kid in the next seat at your exam) is prohibited. Likewise, bringing a “cheat sheet” to an exam or peeking at lecture notes or a textbook during an exam is forbidden. Changing your answers on an assignment or exam after it was graded and returned to you, and then claiming that it was graded incorrectly, is another way to violate the Integrity of Scholarship regulations. Doing a computer assignment, lab assignment, or exam with someone else, when you’re expected to fly solo, is also a violation. “Plagiarism” is a special form of cheating in which you copy words directly or rephrase ideas from someone else—or even from work you’ve done for another course—without giving proper recognition of your source.

Confidential Student Records (FERPA)

The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. They are:

1. The right to refuse permission for any or all of the categories of personally identifiable information to be designated as directory information with respect to themselves.
2. The right to inspect and review the student’s education records within forty-five days of the day UC San Diego receives the student’s written request.
3. The right to request amendments of the student’s education records that the student believes are inaccurate or misleading.
4. The right to consent to disclosures of personally identifiable information contained in the student’s education records, except to the extent that FERPA authorizes disclosure without consent.
5. The right to file a complaint with the US Department of Education concerning alleged failures by UC San Diego to comply with the requirements of FERPA.