Welcome to the Fall New Student Orientation

http://globalhealthprogram.ucsd.edu/
Introductions

Professor Thomas Csordas
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Liberty Belle
Advising Assistant
Goals of Online Orientation

Understand the following:

- Part 1: Understanding Global Health
- Part 2: Global Health Major Requirements
- Part 3: Field Experience Requirement
- Part 4: Study Abroad Options
- Part 5: Tips for Success
- Part 6: Q&A Session

*Reference your Academic Advising Guide for more detailed information.*
WHAT IS GLOBAL HEALTH?

“Global Health is an area of study, research, and practice that places a priority on improving health and achieving equity in health for all people worldwide.

Global health emphasizes transnational health issues, determinants, and solutions; involves many disciplines within and beyond the health sciences and promotes interdisciplinary collaboration; and is a synthesis of population-based prevention with individual-level clinical care”

- Lancet 2009; 373: 1993-95
What Will I Learn Studying Global Health?

You will gain an in-depth understanding of factors related to illnesses, health, and healing from an interdisciplinary perspective that transcends national borders and regional interests and takes cultural difference and diversity fully into account.

This includes topics such as:

- Health care
- Health education
- Environmental effects on health
- Infectious diseases
- Reproductive health
- Mental health
- Health inequities
- Medical sequelae of natural disaster of political violence
- Indigenous healing practices
Part Two: Academic Advising and Major Requirements
Academic Advising

Academic advising at UCSD is shared by two sets of advisors:

College and Major Advisors

<table>
<thead>
<tr>
<th>College Advisor’s Role</th>
<th>Major Advisor’s Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>• College General Education Requirements</td>
<td>• Major Requirements</td>
</tr>
<tr>
<td>• Petition course for general education requirements</td>
<td>• Petitioning a course for credit toward major requirements</td>
</tr>
<tr>
<td>• University Policies</td>
<td>• Field Experience Requirements</td>
</tr>
<tr>
<td></td>
<td>• Application for Special Studies Course (Independent Research 198/199)</td>
</tr>
</tbody>
</table>

Global Health Advising Information

Send a Message in the VAC

OR

Stop in during walk-in advising hours

Check [website](#) for current hours

OR

Make an appointment by contacting: [ghpadvising@ucsd.edu](mailto:ghpadvising@ucsd.edu)

Please include the following in your email:

Name, PID, Brief Description of advising needs & 3 appointment times that work for you.
GLOBAL HEALTH MAJOR REQUIREMENTS

LOWER DIVISION CORE

One of the following courses:
HILD 30. History of Public Health OR
*GLBH 20. Introduction to Global Health (accepted by petition) OR
*FMPH 40. Intro to Public Health (accepted by petition)

One of the following courses:
SOCI 30. Science, Technology & Society OR
SOCI 40. Sociology of Healthcare Issues OR
SOCI 70. Sociology for Pre-Meds OR
PHIL 26. Science, Society & Values

One Statistics course:
PSYC 60. Introduction to Statistics OR
POLI 30 or 30D. Political Inquiry OR
MATH 11/11L. Calculus-Based Introductory Probability and Statistics (5) OR
*AP stats course (must have score of 3 or higher)
UPPER DIVISION CORE

GLBH 148. Global Health and Cultural Diversity
GLBH 181. Essentials of Global Health
MGT 173. Project Management in the Health Services
One Policy Analysis course

To be taken senior year:
GLBH 150A. Capstone Part One (winter) Senior Thesis Preparation
GLBH 150B. Capstone Part Two (spring) Senior Thesis Preparation

ELECTIVES

Three Biological Science Electives (one must be upper division)
e.g. physiology of nutrition, infectious disease, environmental factors

Three Medical Social Science Electives
e.g. social and cultural context, economic and political factors

One Medical Humanities Elective
e.g. medical history, bioethics, literature

One Global Processes Elective
e.g. immigration, climate change, globalization, development

Tip: When choosing your electives, remember this is your chance to take courses that influence your path of study. If there is a Global Health topic you want to specialize in, take electives that cover that interest.

Elective courses are also help you to find what you are completely passionate about!
What is the Senior Capstone?
Students take two quarter seminar courses (GLBH 150A in Winter & 150B in Spring) during their senior year.

- **First quarter** intensive reading and discussion in fields related to each student’s primary interest and building on their field experience.
- **Second quarter** workshop with critical input from all participants focused on preparing a research poster project and written senior thesis.

Students typically base their capstone thesis and project on the topic from their Field Experience which gives them the opportunity to expand, deepen, and share the insights of your Global Health Field Experience.

Students present their capstone project at the Horizons Research Symposium, to faculty, Global Health majors and minors, and the campus community.
More on the Senior Experience

Sample Senior Research Poster Projects/Thesis:

- Health Barriers and Morbidity of Afghan Refugees
- A Call to Support Male Survivors of Sexual Assault
- Cultural Competency of Drug Rehabilitation Programs for Native Populations in the U.S.
- Mobilizing for Women’s Rights: Lessons Learned from Chile and Beyond
- Birth Abuse and Disrespect as a Global Phenomenon
- The Best of Both Worlds—The Synergy between Eastern and Western Medicine
- Inadequate Sanitation and Hygiene in Rural Nicaragua
- Mexican Immigrants, Deportation, and Mental Health

Abstracts found online – Horizons Event Page
Why should I consider an Independent Research Course?

1. To fulfill Global Health Elective Requirements
   - The Global Health Program will accept up to **two** 198/199 courses to fulfill elective requirements for the major.
   - Must take for a **LETTER GRADE**.

2. To have the opportunity to explore in more detail what you have learned in the classroom or in your global health field experience

3. To engage in research on a topic of your choice, under the guidance of a Global Health affiliated faculty member of your choice
   - Students will carefully plan a project with the faculty advisor and be focused on a Global Health issue/topic
   - Throughout the course students must read scholarly materials, and then by the end of the course, they will need to incorporate them into a **10-15 page** research paper.

 Tip: “If you’re interested in a topic or in working somewhere, send your resume to the professor studying that topic! Put yourself out there, it can only benefit you.” –Emma, Global Health Major, UC San Diego Class of 2016
Double Major

Make sure you meet all requirements:

- Minimum 2.5 GPA
- Junior Standing (more than 90 units, less than 135 units)

Complete a Double Major Petition and attach a brief statement of purpose (reason why you are completing 2 majors).

Take your petition to the advisor for each major to review your plan and obtain their signatures.

Submit the petition to your college academic advising office. For additional information see Declare a Double Major on Blink.

Notes:
- Global Health can typically overlap two upper division courses and all lower division coursework.
- 10 upper division courses must be unique to each major.
What are some compatible double majors?

Any major that has overlapping courses.

Examples:
• Biology (can overlap all LD bio and two UD)
• Psychology
• Anthropology
• Sociology
• History
• Public Health
Global Health students are able to incorporate some pre-med requirements into their major requirements.

- Visit Career Services early on to discuss planning
- Join the Health Beat Newsletter
- Check out the Pre-Med tab on the Global Health major page.

Begin Exploring - attend events on campus, webinars and network

Visit prehealth.ucsd.edu

<table>
<thead>
<tr>
<th>Year</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshmen</td>
<td>CHEM6A</td>
<td>CHEM 6B</td>
<td>CHEM 6C</td>
</tr>
<tr>
<td></td>
<td>MATH 10A/20A</td>
<td>MATH 10B/20B</td>
<td>CHEM 7L</td>
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<tr>
<td></td>
<td>BILD 3 (GH bio elective)</td>
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<td>Math 11/L</td>
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<td>PHYS 1A/1AL</td>
<td>PHYS 1B/BL</td>
<td>PHYS 1C/1CL</td>
</tr>
<tr>
<td></td>
<td>CHEM 40A (O-CHEM)</td>
<td>CHEM 40B (O-CHEM)</td>
<td>CHEM 40C (O-CHEM)</td>
</tr>
<tr>
<td></td>
<td>BILD 1</td>
<td>BILD 2</td>
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<tr>
<td></td>
<td>LD Core Req (SOCl 30, 40 or 70)</td>
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<td></td>
</tr>
<tr>
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<td>UD Core Req.</td>
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<tr>
<td></td>
<td>UD Bio Lab</td>
<td>UD Biochemistry</td>
<td>UD Core Req.</td>
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<tr>
<td></td>
<td>UD Core Req. (Policy Analysis)</td>
<td>Bio Elective (BICD 100 Genetics)</td>
<td>UD Core Req.</td>
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<td>Register for MCAT</td>
<td>Bio Elective (BIPN 100 Physics)</td>
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<td>GLBH 150B, Senior Capstone</td>
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<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
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<td>MCAT</td>
<td>Elective</td>
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Global Health Major Undergraduate Degree Check
(17 courses/68 units)

Lower-Division Requirements (12 units/3 courses)

- HILD 30: History of Public Health
- Sociology (choose one):
  - SOCI 30, SOCI 40, SOCI 70 or PML 26:
- Statistics (choose one):
  - PSYC 60, Math 11/11L or POLI 30:

Upper-Division Requirements (24 units/6 courses)

Core Courses (must complete all three):
- ANSC 148: Cultural Diversity and Global Health
- GLBH 181: Essentials of Global Health
- MGT 173: Project Management in the Health Sciences

Policy Analysis Course (choose one):

Senior Capstone Seminars (two courses taken WI and SP of senior year):
- GLBH 150A
- GLBH 150B

Electives (32 units/8 courses):
At least 8 elective courses must be upper division. Lower division electives are only accepted for the biological science requirement.

- Biological Sciences (choose 3, one must be upper division):
  1) ____________________________________________ 2) ____________________________________________ 3) ____________________________________________

- Medical Social Sciences (choose 3):
  4) ____________________________________________ 5) ____________________________________________ 6) ____________________________________________

- Medical Humanities (choose 1):
  7) ____________________________________________

- Global Processes (choose 1):
  8) ____________________________________________

- Global Health Field Experience Requirement (GHFE) (100 hours):

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Summer/Notes</th>
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</table>

Reminders:
- All coursework must receive a letter grade of C- or better.
- No more than 6 courses will be accepted from Study Abroad.
- The Field Experience requirement must be completed prior to beginning GLBH 150A.
- Field experience must be preapproved and verified upon completion by submitting signed documentation from the site supervisor. Students are expected to submit a reflection upon completion.

Name:__

PID: A_____ - ___________
Your **Degree Audit** is a tool in **TritonLink** that lists degree requirements and measures progress toward completing them.
**Short or Long Version?**
The short version will show you your remaining requirements (like the image below) or the long version will show you your remaining requirements and the courses that fulfill the requirements.
Reading your Degree Audit

Requirements in blue = completed requirement

Requirements in red = missing requirements

WIP (“work in progress”) means that you are currently enrolled in the course and is not yet complete.

Field Experience Requirement:
Your Field Experience will not show as complete until you have submitted your letter of verification to the Global Health Program Office. Please submit once you have completed your hours.

The left column details department requirements for your major.

Check your degree audit quarterly for accuracy and keep a record of your 4-year college coursework plan!
Tip: “Global health is so expansive! Try everything from psychology classes to anthropology to literature classes. Be a renaissance scholar and know a little bit of everything.”

- Ashley E.
When Selecting Courses...

- Remember to complete all Global Health core courses early on.
- Have many elective choices ready when registering as they change from quarter to quarter.

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### Sample Four Year Plan for Global Health Majors

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<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Notes</th>
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<tr>
<td><strong>Freshman</strong></td>
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<tr>
<td><strong>Sophomore</strong></td>
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<tr>
<td>Statistics Reqts.</td>
<td>UD Core Requirement</td>
<td>UD Core Requirement</td>
<td>UD Core Requirement</td>
<td><em>(Field Experience must be completed by the end of Fall of your senior year)</em></td>
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<tr>
<td>Total Units: 8</td>
<td>Total Units: 4</td>
<td>Total Units: 4</td>
<td>Total Units: 0</td>
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</tr>
<tr>
<td>UD Core Requirement</td>
<td>UD Core Requirement</td>
<td>UD Core Requirement</td>
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<td></td>
</tr>
<tr>
<td>Elective</td>
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<td>Elective</td>
<td>Elective</td>
<td><em>(Field Experience must be completed by the end of Fall of your senior year)</em></td>
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<tr>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
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<tr>
<td><strong>Senior</strong></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td>GLBH 150A. Senior Capstone I</td>
<td>GLBH 150B. Senior Capstone II</td>
<td></td>
<td></td>
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<tr>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Units: 4</td>
<td>Total Units: 8</td>
<td>Total Units: 8</td>
<td>Total Units: 8</td>
<td></td>
</tr>
</tbody>
</table>

**Lower Division Core (3):** HILD 30, Statistics, LD Sociology course  
**Upper Division Core (4):** GLBH 148 (formerly ANSC 148), GLBH 181, MGT 173, Policy Analysis Course  
**Electives (8 total):**  
**Global Health Field Experience (GHFE)** – 100 hours with approved placement (credit or non-credit bearing).
Sample Two Year Plan for Global Health Majors

**Entering 2017-18**

<table>
<thead>
<tr>
<th>Year 1 – 2017-18</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>GLBH 148. Global Health &amp; Cultural Diversity</td>
<td>LD SOCI Course</td>
<td>MGT 173. Project Management in the Health Services</td>
</tr>
<tr>
<td></td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
</tr>
<tr>
<td></td>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 2 – 2018-19</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Policy Analysis Reqt.</td>
<td>GLBH 150A. Senior Capstone I</td>
<td>GLBH 150B. Senior Capstone II</td>
</tr>
<tr>
<td></td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
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<tr>
<td></td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
</tr>
<tr>
<td></td>
<td>Total Units: 12</td>
<td>Total Units: 12</td>
<td>Total Units: 8</td>
</tr>
</tbody>
</table>

*Field Experience must be completed by the end of Fall of your senior year prior to beginning the capstone. Global Health Field Experience (GHFE) – 100 hours with approved placement (credit or non-credit bearing).*

Lower Division Core (3): HILD 30, Statistics, LD Sociology course

*Statistics courses are typically offered every quarter.
Electives (8 total for major)*

- It is recommended that incoming transfer students enroll in a maximum of 3 courses during the first quarter.
- Please contact the Admissions Office at 858-534-4831 if you are having issues with your transfer coursework appearing on your UCSD academic history.
- Please visit the Global Health Program website Transfer page for more information.
Transfer Coursework: All community college and AP coursework comes over as lower division and can only be applied towards lower division requirements for the Global Health Major. Coursework should appear on your academic record like this:

<table>
<thead>
<tr>
<th>Course</th>
<th>Score</th>
<th>Units</th>
<th>Major Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>AP Statistics</td>
<td>3, 4, or 5</td>
<td>4</td>
<td>Statistics requirement</td>
</tr>
<tr>
<td>AP Biology</td>
<td>Score of 4 or 5 Exempts BILD 1, 2, and 3</td>
<td>4</td>
<td>BILD 3 accepted for biological science elective</td>
</tr>
</tbody>
</table>
Submitting Petitions

1. Online Petition Request
2. Paper Petition Request
3. Message in the VAC (pre-approved courses only)

Reasons to submit a petition:
- Pre-Approval to take a course not currently accepted for the major
- Petition Transfer or Study Abroad course to apply to requirements
- Count a course accepted by petition
Become knowledgeable about aspects of global health and see global health issues in practice!

Opportunities include: Internships, research, volunteer opportunities, and/or study abroad programs with a field experience component.
Global Health Field Experience Requirement

**Requirements:**

- 100 hours, 5 week minimum at a research, service or clinical site.
- Domestic or International
- May be credit or non-credit bearing
- Placement must be pre-approved
- Students must complete all health and safety training prior to beginning at their site

*For more information on this requirement visit the Field Experience page.*
Field Experience Quick Facts

• Majors must complete the Field Experience requirement prior to beginning the senior capstone.

• Students may participate in a maximum of 3 experiences.

• Field experiences must last at least 5 weeks (combined) or for international experiences a minimum of 3 weeks.
COMPLETING YOUR GLOBAL HEALTH FIELD EXPERIENCE REQUIREMENT

**STEP 1**
RESEARCH FIELD EXPERIENCE OPTIONS ON THE PRE-APPROVED LIST.

TIP: ATTEND EVENTS ON CAMPUS, NETWORK, READ THE GLOBAL HEALTH PROGRAM NEWSLETTER AND FOLLOW US ON FACEBOOK TO LOOK FOR OPPORTUNITIES.

**STEP 2**
DON'T SEE SOMETHING THAT FITS YOUR NEEDS?
FIND YOUR OWN EXPERIENCE & SUBMIT A PRE-APPROVAL REQUEST.

**STEP 3**
CONTACT THE ORGANIZATION TO INQUIRE IF OPPORTUNITIES ARE AVAILABLE AND GET STARTED. DON'T FORGET TO LOG YOUR HOURS.

**STEP 4**
BUT FIRST, REVIEW THE HEALTH & SAFETY INFORMATION PAGE.

**STEP 5**
UPON COMPLETION OF YOUR EXPERIENCE, HAVE YOUR SUPERVISOR SIGN YOUR LOG OR SEND A LETTER OF VERIFICATION TO GHPADVISING@UCSD.EDU. COMPLETE THE REFLECTION SENT TO YOU BY THE GLOBAL HEALTH OFFICE.
How do I find an experience?

Talk to other GHP students

Talk to your Professors

Explore the GHP Blog

Network

Follow us on Facebook
Create your own field experience

Requires pre-approval
Keep a log of your hours
Upon return, submit a letter of verification from your site supervisor or have them sign your log.

---

**UC San Diego Global Health Program Field Experience Log (Domestic)**

This form is to be used to log hours with Global Health Pre-approved Field Experience organization, sites or through participation with a Domestic Global Health Special Program. (Credit-bearing or international field experience does not require a log.) Student participants can participate in a maximum of 3 different field experience opportunities. Use separate Field Experience Log for participation in each organization that you participate with.

**Field Experience Requirements:**
- An opportunity to become knowledgeable about aspects of global health and see global health issues in practice.
- A minimum of 300 hours over a minimum of five weeks.
- Direct contact with clients or those who directly serve clients.
- Require meaningful, challenging work from the student while serving the agency’s clients and goals.
- On-site orientation, training, and supervision by a designated person in the agency.

**Guidelines on keeping your time:**
- Participation in Domestic/Special Programs on Campus – Can earn up to 40 hours/quarter to be verified by direct supervisor.
- Domestic/Tijuana Field Visits: Multi-day trips – 8-10 hours per day – to be verified by supervisor.

**Beginning Date:____________**
**End date of field experience:____________**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
<th>Description</th>
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<td>1</td>
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Special Programs
(HFiT-UIP) is a quarterly internship that affords developmental experiences in public health and healthcare for the underserved.

Students accepted into this program will participate in the HFiT binational student run free clinic project located in Tijuana, Mexico, in conjunction with medical and pharmacy students from the University of California San Diego and Universidad Autonoma de Baja California.

Two quarters of the internship program can be used to fulfill the 100 hour field experience requirement.

Quarterly Application announcements will be sent out.
• Summer Field Internship
• 2 Global Health Students Selected
• $3,000 Stipend
• 8 Week Internship - conduct supervised field work in multidisciplinary teams, addressing issues of poverty and social equity in the San Diego - Tijuana Region.

Application sent out in Spring Quarter
Global Seminars

- Five-week summer session abroad
- Two courses, eight units
- Class size of 15-28 students
- Complete graduation requirements
- One-on-one interaction with a UCSD professor

<table>
<thead>
<tr>
<th>Global Seminar</th>
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<tbody>
<tr>
<td>Social Cognition and Drugs in Australia</td>
<td>COGS 171 GS Mirror Neuron System and Social Cognition</td>
<td>Biological Sciences Elective</td>
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<tr>
<td></td>
<td>COGS 174 GS Brain, Mind and Culture</td>
<td>Medical Social Sciences Elective</td>
</tr>
<tr>
<td>Drugs, Behavior, and the History of Neuroscience in Greece</td>
<td>PSYC 181 GS Drugs and Behavior</td>
<td>Medical Social Science Elective</td>
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<tr>
<td></td>
<td>PSYC 193 GS Neuroscience, Psychology, and Pharmacology of Antiquity</td>
<td>Medical Social Science Elective</td>
</tr>
<tr>
<td>Sex and Health in South East Asia - Bangkok, Thailand</td>
<td>ANSC 105GS Global Health and Inequality: Sexual and Reproductive Health in Southeast Asia</td>
<td>ANSC 105 fulfills the Medical Social Science</td>
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<tr>
<td></td>
<td>ANSC 125GS Gender, Sexuality, and Society: Sex and Love in Thailand</td>
<td>ANSC 125 fulfills the Global Processes Elective</td>
</tr>
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</table>

*Does not fulfill field experience requirement
*Fulfills Field Experience Requirement
Examples of other opportunities

Student Orgs offer opportunities to complete Field Experience (Check out pre-approved list)

**CFHI:** CFHI's 30+ programs in 10 countries connect students with local health professionals and community leaders transforming perspectives about self, global health, and healing.

**Flying Sams:** The UCSD Flying Samaritans run a general medicine clinic near Ensenada. Throughout the year they gather donations, fundraise, and coordinate other activities, all revolving around the operation of our clinic. They drive down monthly to Ensenada with donations, medicines, health care professionals, and volunteers to open our clinic.

**Alternative Breaks:** National or international service and learning trips that cultivate lifelong socially active and globally conscious leaders through direct service, education, diversity, reflection, investigation of social justice issues, and reorientation.
Ethical behavior includes but is not limited to the following:

- Maintaining confidentiality of patient/participant information/data
- Following the written (and possibly unwritten rules) of the site
- Adhering to HIPAA and other relevant regulations
- Not overstepping the boundaries of your scope of training or practice

Global Health Students who want to experience global health first hand will need to understand the following:

- The limitations in what you can and cannot do when abroad
- Ethics, Integrity, Culture, Professionalism, and Reciprocity
- Health, Safety, Security and Risk Management

*All students must complete a health and safety training prior to beginning their experience.

Students should not be providing direct patient care, such as testing, diagnosing, or treating patients.
Tip: “Step out of your comfort zone, embrace ambiguity!!! I never would have imagined myself living in an isolated village in the mountains, showering with a bucket, and eating farm rats.” – Vennis H.
(UCEAP Program in Thailand)
Study Abroad programs are **encouraged** and can fulfill coursework towards the Global Health major and/or the [Global Health Field Experience Requirement](#).

**Guidelines:**
(to earn study abroad course credit)

- Complete the study abroad [pre-approval form](#) online & then GHP Offices approves or declines pre-approval.

- Courses must be UC transferable, at least 4 units and taken for a letter grade of C- or better.

- A [petition must be submitted upon return](#) for each course to be granted credit toward major.

- A maximum of six UCSD upper-division courses can be petitioned for credit toward the major.
Global Health students may go abroad with one of the following programs:

- **Education Abroad Program (EAP)**
- **Opportunities Abroad Program (OAP)**
- **Global Seminars (GS)**

*Examples of Global Health Study Abroad Opportunities can be found online.*
What can I do with a degree in Global Health?

Careers in Global Health

- Physician
- Epidemiologist
- Clinicians
- Pharmacy
- Dentistry
- Nurse
- Physicians Assistant
- Research and Policy
  - Medical Officer
  - Health Advisor
  - Health Educator
- Medical Researcher
- Program Management
- Program Development
- Human Resources

Community Orgs.
- Public Policy
- Government Agencies
- Non-Profit Work
- Law
- Disaster Relief Orgs.
- Community Health Workers

http://healthbeat.ucsd.edu/
Leading Global Health Employers

- Bill & Melinda Gates Foundation
- Centers for Disease Control and Prevention
- Department of Health and Human Services
- Doctors Without Borders
- Family Health International (FHI)
- Global Fund for Women (GFW)
- Global Health Council
- International Planned Parenthood Federation (IPPF)
- International Rescue Committee (IRC)
- International Women’s Health Coalition (IWHC)
- National Center for Children in Poverty (NCCP)
- National Family Planning and Reproductive Health Association (NFPRHA)

- Pan American Health Organization/WHO
- PATH
- Planned Parenthood Federation of America, Inc.
- Population Services International
- Save the Children
- The American Red Cross
- The United States Agency for International Development (USAID)
- U.S. Committee for Refugees (USCR)
- UNAIDS
- United Nations
- World Bank Group
- World Health Organization (WHO)
- World Vision International
Part Five: Tips for Success

How to be successful as a Global Health major
Tip: Be ACTIVE IN YOUR MAJOR!

Attend & Participate in...

- Quarterly Conversations in Global Health
- Horizons of Global Health Research Symposium
- Global Health Field Experience Expo
- Global Health related campus events
- Career panels, speaker series, awareness campaigns

*Check your email and GHP Facebook page frequently for event announcements

Tip: “Join the global health student org, talk to professors and TAs about what they are passionate about in global health - everyone is extremely knowledgeable and happy to help you learn and develop your own global health interests. Get curious and take initiative! Get an early start on planning your field experience so you can fundraise and apply for financial aid - the sooner you do this the better.”

-Christal Q.
Tip: Join UCSD Students for Global Health or health related student org!

- Connect with like-minded students
- Get involved in causes you care about
- Network!

More information on the UCSD Global Health Blog: http://globahealthucsd.com
Tip: Follow Global Health on Social Media and our blog

- Connect with like-minded students
- View most up-to-date information on Global Health Events
- Read blog posts on past students’ field experiences
- Find study abroad opportunities
- Find domestic and international internship/volunteer opportunities
Tip: Form Relationships with your Global Health Undergraduate Student Advisory Committee and Faculty!

Talk to fellow students about their experiences, successes and challenges! (Courses, campus groups and activities, field experiences, etc.)

Tip: "Do not be afraid of your professors, talk to them about the class, their careers, anything you want. They will give you great advice and even opportunities." - Serena D.
Tip: Take care of yourself
The Importance of Your WELL-BEING AND HEALTH

Remember your purpose and why you choose to come to UCSD in the first place. Find meaningful work within your major.

If something isn’t working, change it.

Remember you don’t need to have it all figured out yet!

Set small attainable goals.

Advocate for yourself, if you’re struggling, get help.
- CAPS for counseling
- OASIS for help with writing
- Office Hours for extra help in a course
- Reach out to another GH student
- Talk to your Global Health Advisor
- Check the Resources page for links.

Take care of yourself! Take time to relax and enjoy the beautiful environment at UCSD and close proximity to the beach.
Thank you!

Visit [http://globalhealthprogram.ucsd.edu](http://globalhealthprogram.ucsd.edu) for more information.